

1ST INTERNATIONAL 10TH NATIONAL CONGRESS of PHYSIOTHERAPY and REHABILITATION

NOVEMBER 28-29, 2026

Grand Cevahir Hotel & Convention Center

ISTANBUL



- *Simultaneous translation services will be provided between Turkish and English during the scientific sessions.
- *Consecutive translation support will be provided throughout the course program.
- *Course participants will receive a TPA-approved Certificate of Attendance.

SCIENTIFIC PROGRAM

1ST DAY / 28 NOVEMBER 2026 SATURDAY

TIME	HALL A	HALL B	HALL C
08:30–09:00	REGISTRATION & WELCOME		
09:00–09:30	Opening Ceremony K. Zafer Aksungur Hayri Baran Yosmaoğlu		
09:30–10:00	Michel Landry (President of the World Physiotherapy Confederation) The Future of Physiotherapy in the World and Türkiye		
10:00–10:30	Bart Staal Current Management of Low Back Pain: From Evidence to Clinical Practice		
10:30–10:45	COFFEE BREAK ☕		
10:45–11:15	Rik Gosselink Inspiratory Muscle Training in Acute and Chronic Respiratory Diseases	Oral Presentation Session-I	Oral Presentation Session-II
11:15–11:45	Jan Dommerholt Myofascial Pain: Current Evidence and Clinical Approach		
11:45–13:15	LUNCH 🍽️		
13:15–13:45	Michael Shacklock Clinical Neurodynamics: From Neural Mobilization to Clinical Decision-Making	Workshop: Pelvic Floor Rehabilitation: From Assessment to Clinical Practice Ute Schneider-Milo	Workshop: Assessment and Training of the Inspiratory Muscles Rik Gosselink
13:45–14:15	Alice Nieuwboer New Findings on Freezing of Gait and Rehabilitation in Parkinson’s Disease		
14:15–14:45	Yavuz Kocabey Is It Possible to Reduce Postoperative Arthrogenic Inhibition with the PressFit Anterior Cruciate Ligament Surgical Technique?		
14:45–15:15	Axel Hennes Three-Dimensional Rehabilitation in Scoliosis: The Schroth Approach		
15:15–15:30	COFFEE BREAK ☕		
15:30–16:00	Torsten Liem Psychosocial and Osteopathic Approaches to Chronic and Complex Conditions	Workshop: Management of Gait Problems in Parkinson’s Disease Alice Nieuwboer	Workshop: Myofascial Pain Management Jan Dommerholt
16:00–16:30	Ezdeşir Kemali Fifty Years of the Biopsychosocial Model in Pain Management: Has It Come to an End Before It Even Began?		
16:30–17:00	Gül Öznur Başarı Accessing Evidence-Based Information with the Pedro Database		
17:00–17:15	SHORT BREAK		
17:15–18:45	Lymphedema Session	Workshop: Schroth-Based Assessment and Exercise Strategies Axel Hennes	



The Unified Voice of Physiotherapists, Since 1969

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SCIENTIFIC PROGRAM

2ND DAY / 29 NOVEMBER 2026 SUNDAY

Neurorehabilitation • Vestibular Rehabilitation • TMD • Schroth Method • Neuroathletic Training • Pelvic Floor
• Tinnitus • Manual Therapy • Neural Mobilization

TIME	HALL A	HALL B	HALL C
09:30–10:00	Harry J. M. von Piekartz Temporomandibular Disorders: Current Assessment and Rehabilitation	Workshop: Clinical Neural Mobilization: Assessment, Neural Differentiation and Treatment Michael Shacklock	Workshop: Clinical Lymphedema Management
10:00–10:30	Firat Kesgin Dizziness-An Introduction to Vestibular Rehabilitation Therapy		
10:30–11:00	Daan Bredewout The Role of the Cervical Spine and Temporomandibular System in the Treatment of Somatosensory Tinnitus		
11:00–11:15	COFFEE BREAK ☕		
11:15–11:45		Workshop: Clinical Assessment and Treatment of Tinnitus: Cervical and Craniomandibular Approach Daan Bredewout	Workshop: Clinical Rehabilitation and Manual Therapy for Temporomandibular Disorders Harry J. M. von Piekartz
11:45–12:15	Fabio Zaina How to Apply Bracing in Scoliosis: Clinical and Biomechanical Principles		
12:15–12:45	Ute Schneider-Milo Current Pelvic Floor Rehabilitation		
12:45–13:15	Snjezana Schuster Exercise in Pregnancy: Applications and Effectiveness	SHORT BREAK	
13:15–14:45	LUNCH 🍽️		
14:45–16:15	Workshop: Headache Rehabilitation in Practice: Clinical Reasoning, Manual Therapy and Exercise Mohammad Javaherian	Workshop: Diagnosis and Treatment of Posterior Canal Benign Paroxysmal Positional Vertigo Firat Kesgin	Oral Presentation Session – III
16:15–16:30	COFFEE BREAK ☕		
16:30–18:00	Workshop: Spinal Mobilization and Manipulation Techniques Zafer Aksungur, Duygu Aktar Reyhanoğlu	Workshop: Assessment of Rectus Abdominis Diastasis and Pubic Symphysis in Pregnancy Snjezana Schuster	Workshop: An Introduction to Interoception: Reading and Regulating Psychosocial Stress Signals in the Body Ezdeşir Kemali
18:00–18:20	CLOSING CEREMONY		